

6 steps to bring happiness

1

Find: Find an average-size shoebox. Decide who to fill it for; a child, a teenager, a man or a woman.



2

Wrap: your box and lid separately so that the lid can be removed without tearing the paper.



3

Pack: Gather the items, remove any excess packaging and pack into the box.



4

Check: On the checklist, tick the items you have put in your shoebox and note any that are not on the list.



5

Donate: Secure the ticked checklist to the outside of the shoebox lid using sticky tape. Detach the donation envelope as instructed and place with your donation inside your box.



6

Deliver: Secure the lid with rubber bands. (Custom regulations require Blythswood Care to check the contents of your box.)
Deliver your box to your local collection point.



For Christmas delivery your shoebox should be at your church, school or other collection point during the last week of October/ beginning of November

Tear along the perforation to detach this panel and secure to the outside of your shoebox

Checklist

Please tick items included and firmly secure this list on your shoebox lid.

ESSENTIAL ITEMS (ALL ITEMS MUST BE NEW):
Include the following items highlighted in the top box.

- Toothbrush and Toothpaste**
- Hat, scarf, gloves**
- Soap**
- Underwear**
- Small Toy** for boys and girls such as cars, dolls, balls. Please only include new shop-bought toys.
- Sweets** (No chocolate or any other food) 'Best before' date no earlier than 31 March next year. **No loose sweets, lollies or undated bags of sweets.**

Do not include used or damaged items; war related items such as toy guns or knives or military figures; hand-made or knitted stuffed toys; chocolate or any food other than sweets. Chocolate Eclairs and Chocolate Limes are not allowed; books that are mainly words should also not be included.

Toiletries (NO TALCUM POWDER)

- Shampoo
- Soap/Shower gel
- Face cloth/ Moist wipes
- Deodorant
- Moisturising Cream
- Comb/Brush
- Sanitary Products
- Shaving foam/Razors
- Socks/Tights

Miscellaneous

- New Make-up
- Sewing Equipment

- Household Candles
- Screwdrivers/Pliers
- Kitchen Utensils

Stationery

- Pens/Pencils/Sharpener
- Notepads/Colouring books
- Rulers/Rubbers

Clothes and other Items

(T-shirts/Pyjamas/Jumpers/ Shirts) etc

-
-
-
-

Please tick the box next to who the box is for
Please specify the age of the girl or boy you have filled this box for:

- Girl.....yrs
- Teenage.....yrs
- Woman
- Elderly woman



- Boy.....yrs
- Teenage.....yrs
- Man



Checklist

Please tick items included and firmly secure this list on your shoebox lid.

ESSENTIAL ITEMS (ALL ITEMS MUST BE NEW):
Include the following items highlighted in the top box.

- Toothbrush and Toothpaste**
- Hat, scarf, gloves**
- Soap**
- Underwear**
- Small Toy** for boys and girls such as cars, dolls, balls. Please only include new shop-bought toys.
- Sweets** (No chocolate or any other food) 'Best before' date no earlier than 31 March next year. **No loose sweets, lollies or undated bags of sweets.**

Do not include used or damaged items; war related items such as toy guns or knives or military figures; hand-made or knitted stuffed toys; chocolate or any food other than sweets. Chocolate Eclairs and Chocolate Limes are not allowed; books that are mainly words should also not be included.

Toiletries (NO TALCUM POWDER)

- Shampoo
- Soap/Shower gel
- Face cloth/ Moist wipes
- Deodorant
- Moisturising Cream
- Comb/Brush
- Sanitary Products
- Shaving foam/Razors
- Socks/Tights

Miscellaneous

- New Make-up
- Sewing Equipment

- Household Candles
- Screwdrivers/Pliers
- Kitchen Utensils

Stationery

- Pens/Pencils/Sharpener
- Notepads/Colouring books
- Rulers/Rubbers

Clothes and other Items

(T-shirts/Pyjamas/Jumpers/ Shirts) etc

-
-
-
-

Please tick the box next to who the box is for
Please specify the age of the girl or boy you have filled this box for:

- Girl.....yrs
- Teenage.....yrs
- Woman
- Elderly woman



- Boy.....yrs
- Teenage.....yrs
- Man

